

The Feast part 4 “Be like the bird”

(Learning from creation , as it eagerly waits for the sons of God to be revealed).

“Be like the bird

That, pausing in her flight

Awhile, on boughs too slight

Feels them give way

Beneath her and yet sings

Knowing that she has wings”

(Victor Hugo)

We are created in God’s image to be vulnerable and Human. His breath is in our lungs. He has given us life. The Holy Spirit enables us to rise above our circumstances and sing his praises. God provides food for the birds and he will provide for us.

At this time everything we have previously depended upon is like the branch giving way under the bird. Normal routines, support services, human contact “give way” but we do not have to go crashing down onto the ground. There is hidden capacity for rising above and coping within us.

May the Holy Spirit within you rise up at this time to enable you to “fly” not flap and fall.

If we do fall, he gently lifts us up and cradles us in his arms, mending our damaged wings and releasing us to fly again with his Divine strength and energy on the inside.

There are things we can’t control that cause us to panic. Dettie spoke about coping in hard times some time ago. In an aircraft, we follow safety instructions given by the crew, but our lives are ultimately in the hands of the pilot. “Don’t flap your arms! stay still and allow a greater power to carry you. The aircraft will take off, fly above the clouds and through the turbulence safely without your help!”

Breathe slowly and deeply. Inhale his breath, strength and health. Exhale all panic and fear. If you feel claustrophobic in doors, picture yourself safe within an aircraft travelling forwards on a journey to a new place. A world that is being changed for the better and renewed. Contact passengers by phone/ device and encourage them as you share your struggles together.

When I was praying alone last Sunday morning, God gave me “a tongue” which I spoke out loud. I asked for an interpretation because I felt it was something to share with others.

“I will cast all my cares on the Lord because he is the one who cares for me. My life is hidden in Christ, in God. He is my safe place, my hiding place, my rock of shelter, my refuge from the storm.

The seas roar and the winds blow, but they are contained and restrained within His mighty hand.

I look up and see the stars shining brightly through the night sky. They are promises of posterity -many children shining out in their generation- reflecting the glory of “the Son”.

As I journey on through the cleansing rain, I see rainbows encircling the earth. Signs of Hope.

Promises of the father’s provision and faithfulness.

He is with us! His covenant of love remains strong and secure. These momentary things will serve to establish us, not destroy us! We are called and chosen for his purposes.

From a place of inner strength and safety, we can rise up to be all that he is calling us to be at this time. There are many people rushing around and saying “what shall we do?”, problem solving and finding ways forward. This is good and right and necessary, but God is especially calling us to BE , not just to do.

Be who you are! Be my sons and daughters! Be my ascended Son on the earth.

Rise up with eagles’ wings! Be like the bird, when there is nothing left, no earthly branch to hold her up, she mounts up to fly...catching and resting in the winds of the spirit, rising above and looking down to see from a Heavenly perspective,

See what I am doing. I am changing the atmosphere and the environment. The structures of society are being reformed. I am Creator and I am remoulding my earthly clay pot to establish my kingdom and renew the earth.

Look ! The heavenly city is coming down! It is coming down from within you.

Be filled with my presence and power. Pour out my love , use your gifts to transform the world.”

Let’s pray for ourselves as we are **Following Jesus** each day and hearing his voice.

Let’s pray for others as we are **Forming** our virtual **Communities**.

Let’s pray for the governments, the planet, the changing structures of society as we partner with God, **Transforming the World**.